



# THRIVE

## TEACHERS FELLOWSHIP

**A 12-Week Transformational Journey for Teachers  
and School Staff Ready to Step Into Their Next Level**


[www.bridge-24.org](http://www.bridge-24.org)

# What Is the Thrive Teachers Fellowship?

Thrive is a **12-week fellowship program** open to teachers, administrators, and school staff who are ready to move beyond surface-level motivation and experience real, lasting change. Funded by Bridge-24, this program gives educators access to a **world-class transformational coaching experience**.

Your thoughts drive everything. Thrive helps participants interrupt old, limiting thought patterns and replace them with new, empowering ways of thinking and responding. The result is measurable shifts in confidence, clarity, decision-making, and performance, both inside the classroom and beyond.

This is not a professional development workshop. It is a structured, evidence-informed process that rewires how participants think, respond, and lead, delivering tools that are repeatable, reliable, and dependable in real life.



# What Each Participant Receives

Each participant gets access to a private online portal containing world-class resources developed over 40 years by Mary Morrissey and the Brave Thinking Institute. Every week throughout the 12-week journey, participants are guided through:



Guided reflections that don't just shift your mindset, they rewire how you think, decide, and move



A coaching portal packed with practical tools and daily exercises you can actually use



Weekly live group coaching with Certified Life Mastery Coach Darlene Miles - recorded so you can revisit any session, any time



A community of transformational thinkers committed to growth, accountability, and stepping into their next level

# Program Structure

The 12 weeks are organized into four progressive phases, each building on the last:

<b>PHASE 1:</b> Weeks 1 - 3	<b>Foundation</b>	Clarify vision, identify limiting beliefs, and begin shifting from autopilot thinking to intentional living.
<b>PHASE 2:</b> Weeks 4 - 6	<b>Inner Alignment</b>	Develop emotional mastery, shift identity, and strengthen decision-making and commitment.
<b>PHASE 3:</b> Weeks 6 - 9	<b>Integration</b>	Translate new thinking into consistent action through habits, discipline, and overcoming resistance.
<b>PHASE 4:</b> Weeks 10 - 12	<b>Expansion</b>	Solidify transformation, expand capacity, and step into leadership, influence, and future vision.

## Program Outcomes

For educators who are ready and willing to fully engage, the impact is profound. We see participants:

- ✓ Step out of limitation and take ownership of their future
- ✓ Show up with renewed confidence, clarity, and sense of purpose
- ✓ Make better decisions and improve performance in the school environment
- ✓ Build emotional resilience and reduce overwhelm
- ✓ Take consistent action aligned with their goals and values
- ✓ Bring growth back into their classrooms, schools, families, and communities



# 2026 Program Schedule

The program runs three times in 2026. Each cohort follows the same 12-week curriculum and includes two live coaching session time options to accommodate different schedules:

## Summer Program

**May, June, July**

Mondays 12:30–1:00 PM  
Wednesdays 6:00–7:00 PM

## Fall Program

**July, August, September**

Mondays 12:30–1:00 PM  
Wednesdays 6:00–7:00 PM

## Winter Program

**October, November, December**

Mondays 12:30–1:00 PM  
Wednesdays 6:00–7:00 PM

**Note:** Participants will select their preferred session time (Monday or Wednesday) upon registration.

## Technology Requirement

To fully participate and engage with the live sessions, portal resources, and community, every participant should have access to a laptop or desktop computer with a reliable Wi-Fi connection.

# Partner With Us

Bridge-24 created the Thrive Teachers Fellowship to give educators access to this level of transformation regardless of financial circumstance.



*We are actively seeking school and organizational partners who see the value in investing in their staff, not just for performance, but for long-term wellbeing and impact.*

**For every donation of \$1,150**, an educator has the opportunity to change not only their own life but every life they touch.

Together, we transform nations, one person at a time.

## WANT TO FUND A SCHOLARSHIP?

If this resonates with you, we would love to have you be part of it. A **donation of \$1,150 funds one educator's full 12-week journey.**

[DONATE HERE](#)



# Apply or Nominate

Know someone who's ready?  
Or is that someone you?

## APPLY FOR A FELLOWSHIP

If you are a teacher, administrator, or school staff member ready to invest in your own growth, you can apply directly for a Thrive Teachers Fellowship. The application covers your goals and your commitment to the 12-week program.

## NOMINATE SOMEONE FROM YOUR SCHOOL

Know an educator in your school who is ready for this? Put them forward. The nomination form asks why you are recommending them and takes just a few minutes to complete.



APPLY



NOMINATE



## Empowering **Small Businesses** to Have **Big Impact**

[www.bridge-24.org](http://www.bridge-24.org)



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